

# **CHALLENGING THE CONVENTIONAL TREATMENTS FOR CHRONIC PAIN**



## ABOUT CPRT

**Chronic Pain Release Therapy (CPRT) is an evidence based treatment that is non invasive, pain free, offering fast results and long term relief.**

In the body, soft tissue includes tendons, ligaments, fascia, skin, fibrous tissue, fat, synovial membranes, muscle nerves, and blood vessels. These essential tissues surround, link, and provide support to bones, structures, and organs.

When these soft tissues deviate from optimal functioning, it can result in conditions such as scar tissue, fascia restriction, trigger points, muscle spasms, and joint displacement.

## LIST OF CONDITIONS

Our versatile approach, focusing on soft tissue dysfunctions, addresses common issues such as:

### + Head Pain

- Headaches/ Migraines
- TMJ/ Jaw Pain
- Stroke
- Trigeminal Neuralgia
- Bells palsy
- Vertigo
- Parkinsons
- Multiple Sclerosis

### + Neck Pain

- Arthritis
- Fibromyalgia
- Disc herniation
- Fibromyalgia

### + Hand Pain

- Carpal Tunnel Syndrome
- Arthritis
- Fracture
- Trigger finger
- Post tendon repositioning

### + Shoulder Pain

- Frozen shoulder
- Tendinitis/ bursitis
- Impingement syndrome
- Dislocation/ instability

### + Elbow Pain

- Bursitis
- Tennis elbow
- Golfer's elbow

### + Back Pain

- Sciatica
- Scoliosis
- Disc problems
- Sprain/ strain
- Arthritis
- Spine surgery rehab

### + Hip Pain

- Total hip replacement rehab
- Fractures
- Bursitis/ tendinitis
- Avascular necrosis of hip

### + Knee Pain

- Arthritis
- Total knee replacement
- Meniscal disorders
- Iliotibial band syndrome
- Fractures
- Patella tendinitis

### + Ankle/Foot Pain

- Sprain/ strain
- Plantar fasciitis
- Heel spur pain
- Achilles rupture
- Ankle ligament tears
- Fractures
- Peripheral neuropathy
- Drop foot

### + Pelvis Pain

- Pelvis fractures
- SI joint dysfunctions
- During/ post pregnancy pain
- Pubic symphysis pain



View the full list of conditions on [cprt.com.my/conditions-and-treatments](https://cprt.com.my/conditions-and-treatments).



# UNDERSTANDING THE CAUSES OF FASCIA RESTRICTION, SCAR TISSUE, AND FIBROSIS

- + Poor Posture**  
Prolonged incorrect posture leads to fascia restriction and discomfort.
- + Poor Ergonomics**  
Workplace setups contribute to muscle strain, fostering chronic pain.
- + Trauma/Accidents**  
Injuries create scar tissue and fibrosis, impeding normal tissue function.
- + Repetitive Work**  
Monotonous tasks cause wear and tear, prompting scar tissue and fascia restriction.
- + Surgery**  
Post-surgical scarring is effectively addressed by CPRt, aiding recovery.



## OUR TREATMENT PACKAGES

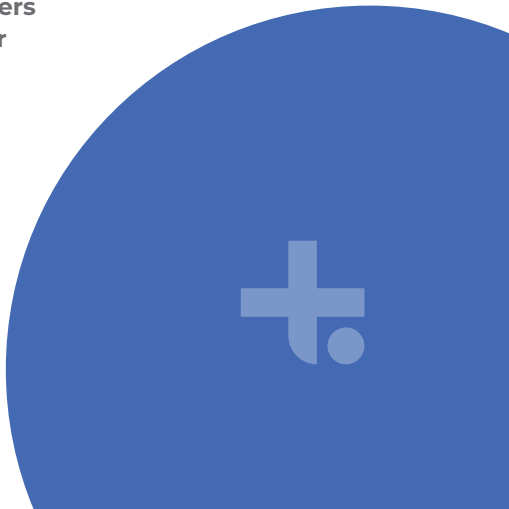


### Inhouse Treatment Sessions

Feel the immediate benefits of Chronic Pain Release Therapy (CPRt) with our dedicated treatment sessions. Whether it's a single targeted session or a comprehensive package, our expert therapists are here to provide personalized care for your specific pain concerns.

### Treat your pain at Home.

Empower yourself at home with our curated Chronic Pain Management Tools. Designed for practitioners and direct users alike, these tools and resources provide essential support for effective pain management.





# THERAPY APPROACH

Our therapy sessions employ an innovative combination of tools tailored to gently break down scar tissue and fascia restriction, while reducing the inflammation that often causes chronic pain.



## T1

Targets both superficial and deep fascia layers, including aponeurotic, epimysium, and perimysium fascia, enhancing overall tissue mobility.

## T2 & T3

To facilitate the breakdown of scar tissue, these tools contribute to improved tissue mobility and reduced restrictions.

## T5

Tailored for deep fascia layers, including perimysium and endomysium, this tool is effective in releasing deep scar tissue, fostering increased mobility.

# WHY CHOOSE CPR+



Effectively address a broad spectrum of chronic pain conditions and sport injuries.



Pain-free and lasting relief.



Average treatment sessions last between 45 minutes to an hour.



Suitable for all age groups.

Discover the healing benefits of our treatment, contact us to learn more about Chronic Pain Release Therapy (CPRt).

# +6019 363 8306



Chronic Pain Release Therapy & Tools

## **CPRt Licensing Opportunity**

Become a part of the CPRt network and make a meaningful impact on the lives of individuals suffering from chronic pain. Take the first step towards a rewarding career by exploring our licensing opportunity today. For inquiries and further details, visit [\*\*cprrt.com.my/licensing\*\*](https://cprrt.com.my/licensing) or email [\*\*licensing@cprrt.com.my\*\*](mailto:licensing@cprrt.com.my).

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**Discover the healing  
benefits of our treatment.  
Contact us to learn more  
about Chronic Pain Release  
Therapy (CPRt).**

### **Therapy & Tools Distribution**

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